



401 Bremen Street Boston, MA, 02128

10/13/2022

Dear Parent/Guardian,

Our school will be holding our annual Health Screenings for the students soon. Postural screenings will take place during next week (October 17<sup>th</sup>-20<sup>th</sup>). This is not a diagnostic service, but rather a program to identify those young people who should have further medical evaluation. These yearly screenings meet the requirements of the MA Department of Public Health and the Department of Education.

The purpose of the Postural Screening is to identify early signs of potential spinal problems in students in **Grade 9**. Female students are asked to wear a *two-piece swimsuit top or a halter top (under their gym uniform)* to school on the day of the screening. This type of clothing permits a more accurate observation of the child's back. (A regular bra is okay too.) If they have long hair, please wear it up or bring a hair tie. Male students can wear their regular clothing.

Parents may opt out of this screening by sending a written note or email to Nurse Weaver at [dweaver@excelacademy.org](mailto:dweaver@excelacademy.org). If you opt out of this screening, your child's doctor will be notified.

Many thanks for support,

Nurse Weaver  
Nurse Zolla