



Food Resources

East Boston

Food Pantries: FREE bags of groceries for people in need.

<p style="text-align: center;">BCYF Paris St. 112 Paris Street 617-635-5125</p> <p><u>What?</u> Grocery bags <u>When?</u> Tuesday and Fridays –after 12:00 pm</p>	<p style="text-align: center;">Grace Federated Church 760 Saratoga St., East Boston 617-569-5358</p> <p><u>When?</u> 1st and 2nd Saturday of the month 10:00am – 12:00pm <u>What to bring?</u> Proof of East Boston residency</p>		
<p style="text-align: center;">ABCD/ East Boston APAC 21 Meridian Street 617-567-8857</p> <p><u>What?</u> Grocery bag for SENIORS 60+ <u>When?</u> 2nd WED of Month (by appointment only) <u>What to bring?</u> Income Requirement and ID</p>	<p style="text-align: center;">Outreach Van Project Central Square Park, 197 Border St. 617-358-7476</p> <p><u>What?</u> food, toiletries, and clothes <u>When?</u> Thursdays, 7:00 – 8:00pm</p>		
<p style="text-align: center;">NeighborHealth - Community Resource & Wellness Center 282 Meridian Street 617-568-4845</p> <p><u>When?</u> Thursdays, 1:30-5:30pm <i>*Occasional changes possible.</i> <u>What to bring?</u> Proof of address for registration (open for all/no city restrictions) Call to Schedule an Appointment Walk-in bags may be available</p>	<p style="text-align: center;">YMCA/UCB Distribution 282 Meridian St</p> <p><u>What?</u> Grocery bag <u>When?</u> First and Third Tuesday of the month at 11am</p>	<p style="text-align: center;">East Boston High School 86 White St., East Boston</p> <p>Call to schedule pick-up 857-293-9320 <i>*Student families only</i></p>	
<p style="text-align: center;">Central Community Church 50 Bennington St.</p> <p><u>When?</u> Mondays, 1:00pm <u>What to bring?</u> No proof necessary</p>	<p style="text-align: center;">East Boston YMCA 215 Bremen St</p> <p><u>When?</u> Second and Fourth Tuesday of the month, 11am-1pm</p>	<p style="text-align: center;">East Boston Community Soup Kitchen 28 Paris St</p> <p><u>When?</u> Mondays, check-in at 12pm (Food bags) Tuesdays, 8:00am-11am (breakfast/lunch)</p>	<p style="text-align: center;">Centro La Esperanza 28 Paris St</p> <p><u>When?</u> Saturdays 3pm-5pm (limited capacity)</p>

Low-Cost Food:

<p style="text-align: center;">NeighborHealth CSA – SNAP/HIP eligible 617-981-3463</p> <p><u>What?</u> Fresh local produce boxes <u>How to sign up?</u> Call or Scan QR code <u>When and where?</u> Order pick-up every other Wednesday 2pm-6pm at 151 Orleans St *Starting January 7th</p>		<p style="text-align: center;">The Fresh Truck 312 Border St (Mario Umana)</p> <p><u>What?</u> Low-cost fruit and veggies <u>When?</u> Saturdays 10am-12pm</p>
<p style="text-align: center;">Maverick Landing Community Services Fair Foods Sites <u>What?</u> Bags of mixed vegetables (\$2.00 suggested donation) 31 Liverpool St. Thursday, 2:00-3:00pm</p>		

Community Pantry:

4 Eagle Square (A small outdoor shelf where neighbors share shelf-stable food)