

## **REMINDER:** 10<sup>th</sup> Grade Health Screenings

December 1<sup>st</sup>, 2023

Dear Parent/Guardian,

Our school will be holding our annual Health Screenings for 10<sup>th</sup> grade students during December. This is a reminder that BMI, hearing and vision screenings will take place in the next two weeks. This is not a diagnostic service, but rather a program to identify those young people who should have further medical evaluation. These yearly screenings meet the requirements of the MA Department of Public Health and the Department of Education.

BMI (Body Mass Index) screenings involve measuring your child's height and weight. Screenings will also be administered to detect any hearing of visual problems. You will receive a referral letter to take your child for further follow if they fail any of the above screenings. If your child is already under care for a hearing or vision problem, please be sure to have them bring their eyeglasses to the school screening.

Parents and/or legal guardians can request that their child not participate in these screenings. This request must be submitted in writing to the School Nurse.

If you have any questions, please feel free to contact us at the number below.

Sincerely,
Denise Weaver, BSN, RN
Maria Zolla, BSN, RN
Angela Arthur, BSN, RN
Excel Academy Charter HS – School Nurses
Phone: 617-440-7021